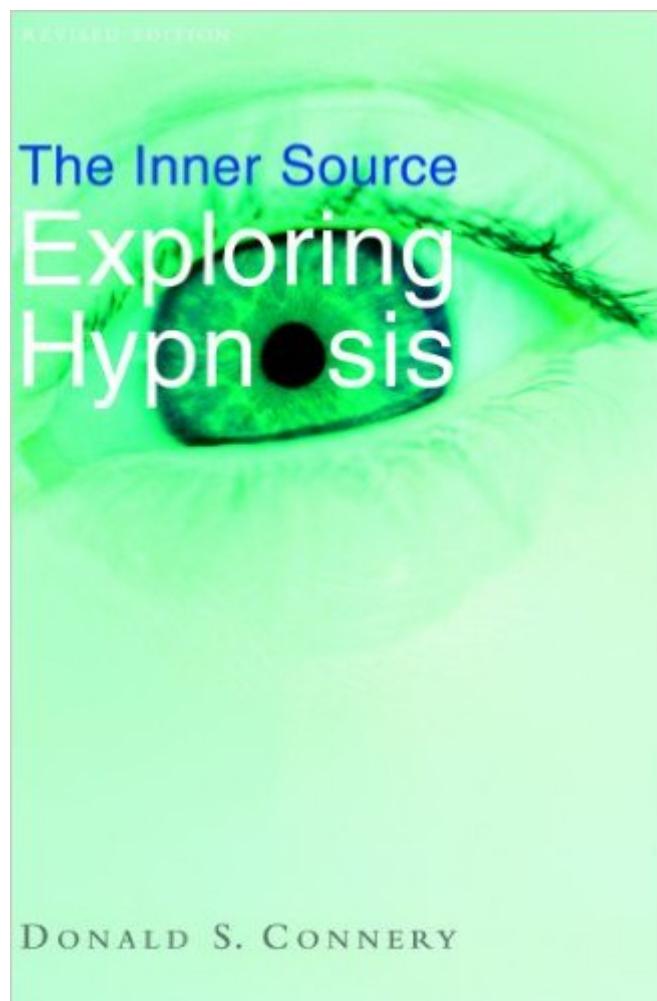


The book was found

The Inner Source: Exploring Hypnosis



Synopsis

This revised edition of the timeless classic chronicles the evolution of hypnosis as a modern healing tool through the legendary discoveries of Dr. Herbert Spiegel, the founding father of modern hypnosis. Hypnosis has long served as a viable, widely utilized, and proven-effective means of healing the mind and spirit. Featuring a brand-new introduction by the author, *The Inner Source* takes a critical look at the myths while presenting factual examples of the realities. It offers no-nonsense explanations on the human ability to enter a trance, the problems it helps to solve, the significance of hypnosis in post-traumatic disorders and wrongful conviction cases, and much more. The potential of hypnosis has just begun to be tapped, and this timeless classic is an ideal read for anyone considering it as a form of treatment.

Book Information

Paperback: 304 pages

Publisher: Allworth Press; 1 edition (November 1, 2003)

Language: English

ISBN-10: 1581153112

ISBN-13: 978-1581153118

Product Dimensions: 6 x 6 x 9 inches

Shipping Weight: 15.8 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,367,113 in Books (See Top 100 in Books) #98 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Hypnotherapy](#) #326 in [Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy](#) #36197 in [Books > Textbooks > Social Sciences > Psychology](#)

Customer Reviews

This revised edition of Donald Connery's *Inner Source: Exploring Hypnosis* is a classic blend of alternative healing, psychology and basic hypnosis concepts to provide both a simple explanation and a survey of how hypnosis can help in a variety of issues ranging from post-traumatic stress disorders to recovered memories and abuse. A new introduction describes the growing importance of this field.

The *Inner Source* is similar to *Trance and Treatment* in that it is a summary and history of the work of Herbert Spiegel.

[Download to continue reading...](#)

The Inner Source: Exploring Hypnosis Exploring the World of Chemistry: From Ancient Metals to High-Speed Computers (Exploring Series) (Exploring (New Leaf Press)) Hypnosis Beginners Guide: Learn How to Use Hypnosis to Relieve Stress, Anxiety, Depression and Become Happier Handbook of Clinical Hypnosis (Dissociation, Trauma, Memory, and Hypnosis) The Calming Collection-The Weight is Over:Hypnosis/Meditation for Lasting Weight Loss**Guided Meditation and Hypnosis CD Juan Ponce de Leon: A Primary Source Biography (Primary Source Library of Famous Explorers) From the Source - Thailand: Thailand's Most Authentic Recipes From the People That Know Them Best (Lonely Planet from the Source) Strunk's Source Readings in Music History: The Nineteenth Century (Revised Edition) (Vol. 6) (Source Readings Vol. 6) Great Source Write Source Texas: SkillsBook Student Edition Grade 3 Swear Word Coloring Book for Parents: Unleash your inner-parent!: Relax, color, and let your inner-parent out with this stress relieving adult coloring book. Inner Peace - Adult Coloring Books: Beautiful Images Promoting Mindfulness, Wellness, And Inner Harmony (Yoga and Hindu Inspired Drawings included) Become an Inner Circle Assistant: How to be a star in your profession and achieve Inner Circle status! Living from Your Center: Guided Meditations for Creating Balance & Inner Strength (Inner Vision Series) Exploring Open Source Software Localization Methods: Assessing Business Value for Localizing Software Into Minor Languages: A Case for Kashubian Linux The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life Cultivating Inner Peace: Exploring the Psychology, Wisdom and Poetry of Gandhi, Thoreau, the Buddha, and Others Start Exploring: Masterpieces: A Fact-Filled Coloring Book (Start Exploring (Coloring Books)) Exploring the World of Biology: From Mushrooms to Complex Life Forms (Exploring Series) Exploring: Microsoft Office 2013, Plus (Exploring for Office 2013) Exploring: Microsoft Excel 2013, Comprehensive (Exploring for Office 2013)

[Dmca](#)